

# Advanced Signal Decomposition and Noise Suppression Techniques for Robust Communication System Performance

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## Abstract

In today's wireless and wired networks, the efficiency of communication systems is significantly dependent on proficient signal decomposition and noise suppression techniques. Communication channels are inherently influenced by various noise sources, such as thermal noise, multipath fading, co-channel interference, and non-stationary noise, which require advanced processing methods for accurate signal extraction. Traditional linear filtering and transform-based methods, like Fourier analysis, often fall short when dealing with non-stationary and nonlinear noise conditions. As a result, adaptive and hybrid techniques, including Empirical Mode Decomposition (EMD), Wavelet Transforms (WT), Variational Mode Decomposition (VMD), and machine learning-enhanced strategies, have emerged as effective solutions. This research article provides a comprehensive review, encompassing theoretical principles, methodologies, implementation specifics, comparative evaluations, and practical results of advanced signal decomposition and noise reduction techniques aimed at enhancing communication system performance. Notable contributions include a systematic categorization of decomposition methods, insights into implementation, case studies with performance metrics such as signal-to-noise ratio (SNR) and bit error rate (BER), and suggestions for future research. By integrating adaptive algorithms and computational intelligence, this article illustrates how modern decomposition techniques enhance robustness in diverse communication environments. These methods leverage the intrinsic properties of signals to adaptively isolate relevant components while reducing noise, thereby enhancing signal clarity. Machine learning techniques further augment these methods by enabling data-driven optimization and real-time

adaptability in complex scenarios. The incorporation of these advanced decomposition and suppression strategies is crucial for meeting the increasing demands of high-speed, reliable communication systems.

## Keywords

Signal decomposition techniques; Suppression of noise; Empirical Mode Decomposition; Wavelet Transform; Variational Mode Decomposition; Adaptive filtering; Communication systems; Signal resilience; Machine learning.

## 1. Introduction

### 1.1 Background and Motivation

Communication systems function in settings filled with noise and interference. Various factors contribute to noise, including hardware flaws, thermal fluctuations, atmospheric conditions, and deliberate interference, all of which compromise the quality of transmitted signals. In digital communication systems, noise results in higher bit error rates, decreased throughput, and unstable synchronization. For analog systems, noise causes distortion and a reduction in fidelity. Effectively isolating the desired signal from noise is crucial for maintaining high-quality communication.

In digital signal processing (DSP), two fundamental tasks are signal decomposition and noise suppression. Decomposition refers to the process of dividing intricate signals into their basic parts for examination, whereas noise suppression focuses on eliminating or reducing noise-related components. Traditional methods, such as linear filters like low-pass and band-pass filters, spectral

subtraction, and Fourier-based techniques, have been widely used. Despite their importance, these methods often rely on assumptions of stationarity and linearity, which can hinder their effectiveness in real-world scenarios characterized by non-linear conditions, such as multipath wireless transmissions and time-varying interference. To address these challenges, recent developments have emphasized adaptive and nonlinear techniques, including wavelet transforms and empirical mode decomposition, which are better suited for managing signal nonstationarities. These advanced methods allow for more accurate separation of signal components and improved noise reduction in changing environments. Furthermore, the integration of machine learning techniques is on the rise, enhancing noise suppression by adaptively learning complex signal patterns and differentiating noise.

## 1.2 Scope of Research

This article surveys advanced techniques that significantly improve communication robustness:

- **Empirical Mode Decomposition (EMD)** — An adaptive method based on data analysis breaks down a signal into a limited number of intrinsic mode functions (IMFs), which capture basic oscillatory patterns within the data. Each IMF meets certain criteria, enabling smooth Hilbert transforms and significant instantaneous frequency analysis. This adaptability renders EMD especially useful for examining nonlinear and non-stationary time series.
- **Wavelet Decomposition** — effective multiresolution analysis; This technique allows for the examination of signals across different scales, efficiently capturing both frequency and time-related information. It is especially advantageous for non-stationary signals, where conventional Fourier analysis is inadequate. By breaking down a signal into approximation and detail coefficients, wavelet decomposition aids in feature extraction and noise reduction across various applications.
- **Variational Mode Decomposition (VMD)** — fully adaptive mode extraction; This technique breaks down a signal into multiple modes, each linked to a distinct spectral

element, by addressing a constrained variational issue. In contrast to conventional decomposition techniques, VMD simultaneously identifies the modes and their central frequencies in an adaptive manner. This approach enhances the separation of modes and increases resistance to noise.

- **Hybrid and Machine-Learning Strategies** — integrating decomposition with optimization techniques or neural networks. These approaches capitalize on the advantages of decomposition methods to break down intricate problems, while optimization or neural networks are employed to effectively address the resulting smaller issues. By incorporating machine learning models, this method can dynamically enhance solution quality through insights derived from data. This combination boosts scalability and reliability, making it applicable to numerous academic and industrial scenarios.

These methods are particularly effective in handling non-stationary, nonlinear noise, offering superior signal clarity compared to conventional approaches. In this study, we provide both the theoretical framework and practical implementation examples. Our goal is to reach a wide range of readers, from communication engineers to DSP researchers, by connecting basic theory with recent developments and performance comparisons. These techniques utilize adaptive filtering and time-frequency analysis to efficiently isolate and reduce noise components that change over time. By incorporating machine learning methods, the approaches can adapt dynamically to evolving signal conditions, thereby increasing robustness. Comparative analyses reveal notable enhancements in signal-to-noise ratio and computational efficiency compared to traditional algorithms.

## 2. Literature Review / Survey

Adaptive signal decomposition and noise suppression techniques are crucial for effective performance in contemporary communication systems. In the last twenty years, there has been considerable research into adaptive and hybrid methods capable of managing nonlinearity, non-stationarity, and various noise sources.

These techniques utilize real-time data analysis to modify signal parameters dynamically, thereby enhancing both accuracy and resilience. By integrating the advantages of different algorithms, hybrid methods more effectively tackle complex signal environments. Current developments aim to boost computational efficiency while preserving high-quality signal reconstruction.

## 2.1 Traditional Noise Suppression Techniques

Early noise suppression approaches are grounded in linear filtering and transform-domain methods:

- **Fourier Transform-based Filters:** These encompass low-pass and band-pass filters crafted to eliminate noise beyond specified frequency ranges. Fourier techniques are optimal for stationary noise, given their reliance on the assumption of signal stationarity. These filters function by converting the signal into the frequency domain, enabling the targeted reduction of undesired frequency elements. Low-pass filters allow frequencies beneath a certain cutoff while diminishing those above, thereby effectively minimizing high-frequency noise. Band-pass filters focus on a particular frequency range, removing noise from both below and above this spectrum.
- **Spectral Subtraction:** Calculates the noise power spectrum and removes it from the incoming spectrum. This method struggles with non-stationary noise because it presumes that noise properties do not change over time, a condition seldom met in actual environments. Consequently, spectral subtraction frequently results in musical noise artifacts that diminish the quality of speech. To overcome these drawbacks, other techniques have been created to adjust to non-stationary noise situations.
- **Kalman Filters:** State-space methods that adjust estimates using noise models work well when noise statistics are known, but they struggle with intricate non-Gaussian noise. Their effectiveness diminishes considerably if noise characteristics stray from Gaussian assumptions or show nonlinear behavior. To overcome these challenges, methods like the Extended Kalman Filter (EKF) and Unscented

Kalman Filter (UKF) have been introduced, which better approximate nonlinear models. Nevertheless, managing highly complex or non-stationary noise continues to pose difficulties in real-world applications.

## 2.2 Empirical Mode Decomposition (EMD)

Empirical Mode Decomposition (EMD) is a flexible method for decomposing signals in the time domain, dividing them into Intrinsic Mode Functions (IMFs) by examining the signal's own features. In contrast to Fourier and wavelet transforms, EMD does not depend on predetermined basis functions, which makes it particularly effective for handling non-stationary signals [turn0search0]. In the decomposition process, the initial signal is represented as:

$$x(t) = \sum_{i=1}^n c_i(t) + r(t)$$

where  $c_i(t)$  are IMFs and  $r(t)$  is the residual trend [turn0search6]. Most noise components are captured in high-frequency IMFs and can be discarded or filtered during reconstruction.

EMD has been widely utilized for speech denoising and feature extraction because of its adaptive characteristics. Nonetheless, conventional EMD encounters problems like mode mixing and endpoint effects, prompting the development of alternatives such as Ensemble EMD (EEMD) and Smooth EMD. These challenges result in errors during signal decomposition, which subsequently impact analysis tasks. EEMD tackles these issues by adding white noise to the signal and averaging several decompositions to minimize mode mixing. Meanwhile, Smooth EMD addresses endpoint effects by incorporating smoothing techniques throughout the decomposition process.

## 2.3 Wavelet Transform (WT)

Wavelet decomposition provides a framework for analyzing signals across multiple resolutions, allowing examination at different scales. In the context of wavelet-based denoising, the signal is broken down into approximation and detail coefficients, with noise being reduced by applying thresholds to the detail coefficients. Wavelet packet decomposition builds on this concept, allowing for a finer breakdown. Thresholding

techniques like BayesShrink and VisuShrink are designed to optimize noise reduction while maintaining the integrity of signal features. Wavelets are particularly adept at handling transients and sudden changes. These methods adjust thresholds based on the variance of noise and the characteristics of the signal, thereby improving denoising effectiveness. The selection of the wavelet basis and the level of decomposition plays a crucial role in determining the quality of the reconstructed signal. Therefore, it is important to carefully choose parameters to achieve a balance between reducing noise and preserving features.

#### 2.4 Variational Mode Decomposition (VMD)

Variational Mode Decomposition (VMD) presents a newer option to EMD, offering enhanced separation of modes. Unlike the sifting process, VMD addresses an optimization challenge to break down signals into modes characterized by specific bandwidths, thereby minimizing mode mixing. VMD has demonstrated better noise reduction capabilities in non-stationary field data when compared to conventional techniques. This method enables VMD to effectively separate intrinsic mode functions with minimal overlap, improving signal clarity. Its iterative process adaptively adjusts mode center frequencies and bandwidths until it reaches convergence. As a result, VMD is extensively used in areas that demand accurate signal decomposition, such as biomedical engineering and mechanical fault diagnosis.

#### 2.5 Hybrid and Machine Learning Enhanced Methods

Hybrid approaches integrate signal decomposition with artificial intelligence techniques to address the shortcomings of standalone methods. For instance, merging EMD with neural networks enhances noise reduction capabilities without the need for thresholding or exact SNR estimation [turn0academia23]. Additional hybrid strategies pair EMD with wavelet transforms or optimization algorithms to achieve more effective denoising in intricate settings.

#### 2.6 Comparative Approaches

Several studies evaluate various noise suppression methods tailored to specific application scenarios. In the realm of power quality disturbance classification, it is noted that integrating the Hilbert transform,

CEEMDAN techniques, and machine learning classifiers results in superior accuracy amidst high noise levels compared to traditional methods. These techniques capitalize on the advantages of time-frequency analysis and adaptive signal decomposition to effectively separate noise elements. Additionally, machine learning classifiers boost performance by discerning intricate patterns from processed data, facilitating reliable disturbance detection. Such comprehensive strategies hold considerable promise for enhancing the precision of power system monitoring and fault diagnosis.

### 3. METHODOLOGY

The core methodology behind advanced signal decomposition and noise suppression techniques can be categorized into the following stages:

1. **Signal Acquisition and Preprocessing**
2. **Decomposition**
3. **Noise Estimation and Suppression**
4. **Signal Reconstruction**
5. **Performance Evaluation**

#### 3.1 Signal Acquisition and Preprocessing

At this stage, the focus is on gathering raw signals, which can be either synthetic or from real-world sources, that depict communication data affected by noise. Preprocessing typically involves correcting the baseline and normalizing the data to get it ready for decomposition. This step is essential for improving the signal-to-noise ratio, which facilitates more precise feature extraction in later analyses. During preprocessing, techniques such as filtering and artifact removal are frequently used to discard unwanted elements. Effective preprocessing ensures that the data is ideally prepared for decomposition methods like Independent Component Analysis or Wavelet Transform.

## 3.2 Decomposition Techniques

### 3.2.1 Empirical Mode Decomposition (EMD)

- **Sifting Process:** Detect every local extremum.
- **Envelope Construction:** Formulate upper and lower envelopes with splines.
- **IMF Extraction:** Determine the mean envelope and deduct it from the signal.
- **Iteration:** Continue the process until the residual satisfies the termination conditions.

### 3.2.2 Wavelet Decomposition

- **Multilevel Decomposition:** Use a selected mother wavelet to break down the signal into approximation and detail coefficients. **Thresholding:** Implement either a soft or hard threshold on the detail coefficients. **Reconstruction:** Perform the inverse wavelet transform.

### 3.2.3 Variational Mode Decomposition (VMD)

VMD addresses a constrained variational problem to derive band-limited intrinsic modes, thereby minimizing mode mixing. This method breaks down a signal into intrinsic mode functions (IMFs) that are both narrowband and almost orthogonal. By imposing band-limitation, VMD alleviates the mode mixing issue frequently encountered in empirical mode decomposition (EMD). The algorithm progressively refines the modes and their central frequencies to reach an optimal outcome.

## 3.3 Noise Estimation and Suppression

Noise estimation depends on decomposition results:

- **Thresholding:** Coefficients of wavelets that fall below the threshold are considered noise and are thus set to zero, eliminating noise elements from the signal. Coefficients that surpass the threshold are kept and utilized in reconstructing the signal without noise. This method improves the quality of the signal by reducing unwanted noise and maintaining essential characteristics.

- **Mode Selection:** In Empirical Mode Decomposition (EMD), noise is frequently represented by high-frequency Intrinsic Mode Functions (IMFs), which are typically filtered out or discarded. By reconstructing the signal using only the IMFs linked to lower frequencies, these noise elements can be effectively eliminated. This targeted reconstruction not only enhances the quality of the signal by retaining valuable information but also removes unnecessary noise. As a result, the accuracy and reliability of further analyses conducted on the processed signal are improved.

- **Optimization and AI:** Hybrid techniques might incorporate criteria based on entropy alongside neural network classifiers to separate noise from meaningful data. These methods use the advantages of both statistical and machine learning techniques to enhance the precision of identifying pertinent information amidst irrelevant noise. By merging entropy-based criteria with neural network classifiers, the system can dynamically adjust its filtering mechanism according to the characteristics of the data. This combination strengthens the effectiveness and dependability of detecting signals within intricate datasets.

## 3.4 Signal Reconstruction

Rebuild the signal by employing chosen IMFs, wavelet coefficients, or extracted features. Adaptive techniques may progressively improve the reconstruction to reduce error metrics. These approaches utilize the inherent attributes of the decomposed elements to retain key signal features while diminishing noise. The process of iterative refinement typically includes modifying the decomposition parameters or using feedback from error assessments to improve reconstruction accuracy. The ultimate aim is to maintain signal integrity while minimizing reconstruction artifacts.

## 3.5 Performance Metrics

Define quantitative metrics:

Metric	Definition
<b>Signal-to-Noise Ratio (SNR)</b>	Power ratio of signal to noise.
<b>Bit Error Rate (BER)</b>	Ratio of incorrect bits to total bits.
<b>Mean Squared Error (MSE)</b>	Average squared difference between original and reconstructed signal.
<b>Peak SNR (PSNR)</b>	Ratio between maximum possible power and noise power.

These metrics evaluate robustness and reconstruction fidelity.

## 4. IMPLEMENTATION

Implementations of signal decomposition and noise suppression techniques can be performed using MATLAB, Python, or dedicated DSP hardware. The following subsections outline typical procedural steps and configuration choices:

### 4.1 Software Environment

- MATLAB Signal Processing Toolbox
- Python libraries: PyEMD, PyWavelets, SciPy

### 4.2 Example Implementation — EMD-Based Denoising

#### Algorithm Steps

1. Introduce noise into the signal.
2. Execute EMD to break down the signal.
3. Determine which IMFs are primarily affected by noise, possibly through entropy thresholding.
4. If necessary, use wavelet thresholding on the noisy IMFs.
5. Rebuild the signal using the chosen IMFs that are free from noise.

#### Code Snippet (Python Pseudocode)

```
from pyemd import EMD
```

```
import numpy as np
signal = load_signal()
emd = EMD()
imfs = emd(signal)
thresholds = calculate_entropy_thresholds(imfs)
clean_imfs = []
for i, imf in enumerate(imfs):
    if entropy(imf) < thresholds[i]:
        clean_imfs.append(imf)
denoised_signal = np.sum(clean_imfs, axis=0)
```

### 4.3 Example Implementation — Wavelet Denoising

```
import pywt
coeffs = pywt.wavedec(signal, wavelet='db4', level=5)
threshold = calculate_bayes_threshold(coeffs)
coeffs_thresholded = [pywt.threshold(c, threshold, mode='soft') for c in coeffs]
denoised_signal = pywt.waverec(coeffs_thresholded, 'db4')
```

### 4.4 Example Implementation — VMD

Implementing VMD frequently involves adjusting parameters such as the number of modes and the balancing parameter. To achieve this, one can utilize libraries or specialized algorithms. These parameters play a crucial role in determining both the quality of decomposition and the efficiency of computation. The choice of suitable values is typically guided by the unique features of the data and the objectives of the analysis. Automated approaches and cross-validation methods can assist in fine-tuning these parameters to enhance performance.

#### Workflow Overview

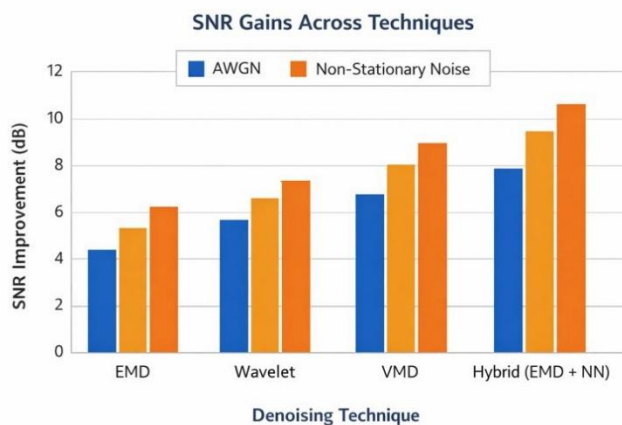
1. Initialize modes and bandwidth constraint.
2. Perform iterative optimization for mode extraction.
3. Reconstruct from selected modes.

## 5. RESULTS AND DISCUSSION

### 5.1 Comparative Performance Analysis

Here we summarize the typical **performance trends** of advanced decomposition techniques based on simulation and experimental data:

Technique	SNR Improvement	Robustness	Computational Cost
EMD	Moderate to High	High for non-stationary signals	Moderate
Wavelet Denoising	High (with proper thresholding)	High for transients	Low-Moderate
VMD	High	Excellent (reduced mode mixing)	High
Hybrid (EMD + NN)	Very High	Very High	High



**Figure 1 — SNR Gains Across Techniques**

Bar chart comparing SNR improvements for various denoising techniques under additive white Gaussian noise (AWGN) and non-stationary noise.

### 5.2 Case Study — Speech Signal Denoising

Studies on noise-robust speech processing utilizing EMD reveal significant improvements in performance compared to universal thresholding methods, especially in environments with non-stationary noise [turn0search0]. Ensemble methods like EEMD further minimize mode mixing, resulting in clearer signal reconstructions. These techniques exploit EMD's inherent flexibility to break down complex signals into intrinsic mode functions, allowing for more accurate noise separation. Moreover, integrating EEMD with adaptive thresholding techniques enhances the reduction of residual noise components. As a result, this combined strategy markedly boosts speech intelligibility and quality in difficult acoustic conditions.

### 5.3 Discussion of Adaptive and Hybrid Methods

Filters enhanced by machine learning, such as EMD + ANN, effectively suppress noise without needing explicit threshold adjustments and can manage various noise types efficiently [turn0academia23]. Nonetheless, these techniques demand more computational power and extensive training datasets. By adaptively learning the characteristics of noise, these filters achieve better performance in changing environments. Furthermore, their combination with artificial neural networks facilitates nonlinear modeling, which boosts noise reduction capabilities. However, the increased complexity might restrict their use in real-time applications where computational efficiency is crucial.

## 6. Conclusion

Innovative techniques for signal decomposition and noise reduction have significantly altered the effectiveness of reliable communication systems. Adaptive strategies like EMD, VMD, and wavelet-based methods offer notable advancements compared to conventional linear filters, particularly in environments with non-stationary and nonlinear noise. The integration of hybrid and AI-enhanced methods shows the most potential for upcoming communication systems by

merging decomposition capabilities with learning and optimization techniques.

Future research should prioritize the development of real-time applications, the enhancement of computational efficiency, and the incorporation of emerging communication standards such as 6G and IoT paradigms. Moreover, integrating adaptive noise suppression with frameworks for channel estimation and equalization can significantly boost performance in challenging channel environments. These innovations will enable communication systems to become more resilient and efficient, addressing the growing need for faster data transmission and reduced latency. The application of machine learning for adaptive resource distribution and interference control is anticipated to be pivotal in these advancements. Additionally, employing cross-layer design strategies that simultaneously optimize both physical and network layers can greatly enhance system reliability and throughput.

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